



Have we got

News 4 U

The Caring 4 U Newsletter

Winter Edition

Introduction

Welcome to this winter edition of **News 4 U**. We are very proud to launch this newsletter with a view to keeping you informed and updated with a selection of useful, interesting and down-right daft stories.

If you have any ideas or specific subjects that you would like addressed or if you would like to contribute by sending in a letter, then please feel, it would be lovely to hear from you.

In this issue we have a 'superhero' carer, a quiz for you to look at and a special offer, not bad for our first go! Our plan is to get these out to on a regular basis to keep in touch.



I hope you have a great start to 2010.

Please enjoy!

Tony

Tony Clarke-Holland



Something to make you think
"One word frees us of all
the weight and pain of life;
that word is love"

Superhero Carer!

Lifesaver – **Linda Welham** 'Saved man's life' was the headline in the Braintree & Witham times on Wednesday November 25th 2009.

Linda, who is one of the **Caring 4 U** carers, was out with a client walking along Maldon Promenade when she helped to save a drowning man's life. He had been in the water for 30 minutes clinging to the rudder of a vessel crying for help. Linda dialled 999 and stayed on the phone whilst the coast guard and an RAF rescue helicopter arrived at the scene to rescue the 52 year old man from Harlow.

Everyone at **Caring 4 U** is very proud of Linda and wants to say well done, she is now known as 'Super Linda' in the office!



Something to keep the grey cells ticking!

(Answers on the back page)

1. What name do the Scots give to New Year's Eve?
2. What name is given to the Jewish New Year?
3. The Caribbean island of Haiti gained independence from which country on 1st January 1803?
4. Which American President issued the Emancipation Proclamation on New Year's Day 1863?
5. Which band took 'New Year's Day' to number 10 in the charts in 1983?
6. On New Year's Day 1975, John Mitchell, H.R. Halderman, and John Ehrlichman were convicted of obstruction of justice in the enquiry into which scandal?
7. On New Year's Day 1914, the world's first airline started operating within which American state?
8. The traditional New year Ball Drop takes place at which New York City landmark?
9. Which female singer was born LaDonna Gaines on New Year's Eve 1948?
10. On which day of the week was New Year's Eve in the year 2000?

Carer of the quarter

The award for carer of the quarter goes to **Tracey Bowmer**.



Congratulations to Tracey who has bagged this accolade following some exceptional feedback we have received from the District Nurse. The District nurse called us to say that the care provided was 'exceptional' and we must be very proud of having someone like Tracey working for **Caring 4 U**. Absolutely we are, as we are of all our fabulous carers.

Tracey has received some Marks & Spencer vouchers and a certificate in recognition.

If you think that your carer deserves to win Carer of the quarter, then please let us know who and why so that they can be considered going forward.

Reviews

By now I am sure that you would have received and returned your 'smiley face' questionnaire to the office.



This gives us a good idea of what you like about your care and where we need to improve. Very soon, if you haven't already, you will be receiving a call from Coleen in the office, to organise a date and time to come and visit you.

The idea behind this is to say hello and share a nice cup of tea with you obviously. But whilst Coleen is with you, it will give her the chance to review your current situation and make sure that you getting the care that you require. It is also a great opportunity for you to ask any questions you want too.

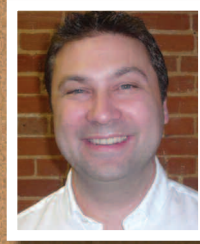


Finding your way around

To help you, here are the members of the team that can help with your enquires at the office.



Dr Tony Clarke-Holland - Director



Maureen Braniff - Care Coordinator/Training



Colleen Margan - Care Coordinator/Reviews

Amanda Stock - Office Manager



Jodie Cordery - Care Coordinator/Assessments



Julie Cordery - Accounts/Invoicing/Pay

Ewa West (left), Claire Gostling - Emergency phone coordinators



Your Comments and Letters

Please send us any general comments you may have or letters that you would like to share. We can't promise to publish them all, but will include as many as possible.

Referral Slip

Why not refer a friend to receive a **Caring 4 U** brochure, a callback or a free assessment? Simply complete the details below, tear off the slip and pop it in the post to us. We will get working on your request straight away.

Friends Name

Relationship

Address

.....

.....

Tel No:

What would you like us to do?

Send a brochure

Call your friend

Book a FREE assessment

Your Name

.....

.....



Special Offer

As part of the **Caring 4 U** service, we are casting our net far and wide to see if we can partner with companies who offer a variety of services that might be of interest to you.

We are delighted to have partnered up with Acorn stair lifts to bring you a very special offer. If you purchase a stair lift from Acorn, then you will receive **£50 worth of Marks & Spencer vouchers** to spend as you wish.

All you need to do to receive your vouchers is to mention **Caring 4 U** when you first call Acorn and the rest will be taken care of.

how to get in touch

Call us on **01371 811873**

Fax us on **08702 245 399**

Email us at **info@caring4u.co.uk**

Visit our website **www.caring4u.co.uk**

In person Call us to arrange to see you in person

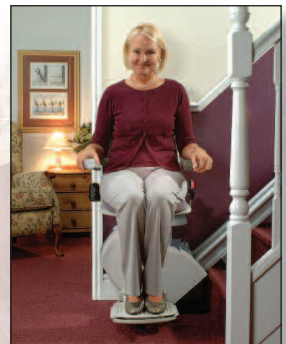
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'Grey cells' answers

1. Hogmanay
2. Rosh Hashanah
3. France
4. Abraham Lincoln
5. U2
6. Watergate
7. Florida
8. Times Square
9. Donna Summer
10. Sunday.

